GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:5966
ANSWERED ON:04.05.2005
LIFE STYLE RELATED DISEASES
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Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether life style related diseases are on the rise which are affecting most people of the country;

(b) if so, whether any survey has been conducted in this regard;

(c) if so, the details thereof ;

(d) whether Diabetes is one such disease playing havoc with the public life; and

(e) if so, the plan of action proposed in this regard?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH & FAMILY WELFARE (SMT. PANABAKA LAKSHMI)

(a) to (e): According to the Indian Council of Medical Research (ICMR), there is a rise in lifestyle related diseases in the country. However, there is no authentic data regarding time trends for non-communicable diseases.

Various reports estimate that 10-15% of adults suffer from hypertension, approximately eight lakhs people die from coronary heart disease and more than six lakhs people die from stroke. There are 20 to 25 lakhs cancer cases in the country at any given point of time and approximately an incidence of 7-9 lakhs new cases every year. The World Bank sponsored study on global burden of diseases indicates that the deaths due to non-communicable diseases have increased from 40.4% of total deaths in 1990 to 51.2% in 2000.

It is estimated that there are currently 32 million people with diabetes in India and this number is projected to go up to 80 million in the year 2030.

A Working group on Non-Communicable Diseases strategies for 10th Plan proposed a National Programme for Cardio Vascular Diseases (CVD) Diabetes and Stroke which could not be taken up. The Ministry of Health and Family Welfare have now initiated steps to obtain the in principle approval of the Planning Commission in respect of the National Programme for Control of Diabetes and CVD.